

Building food
and body
liberation

Marcella Raimondo

Psychologist
Consultant
Speaker





Creating empowerment and body liberation from eating disorders

- Helping clinicians, educators, workplace leaders navigate the world of eating disorders, diet culture, and body image challenges.
- Inviting curiosity and a safe and brave space to share.



How to Treat Eating Disorders, Diet Culture and Body Image Challenges in Your Practice



Curiosity and Exploration

In a safe environment, explore your own biases and anxieties that come up in treating eating disorders

Tools & Techniques

Learn treatment approaches and tools that integrate social justice for both you and your clients

Myths & Biases

Learn eating disorders prevalence especially in marginalized communities, and the impact of oppression on diagnosis to treatment accessibility

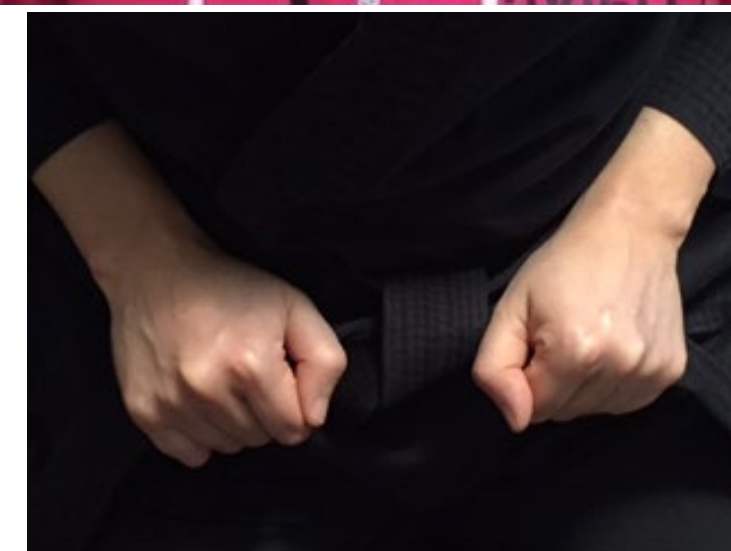
A b o u t M a r c e l l a

Since her teens and early twenties, Marcella has battled with anorexia nervosa.

As a queer, cisgender, able-bodied woman of color, she struggled in her recovery because her story did not mirror those in mainstream eating disorder textbooks and biographies.

After reading the testimonials of women of color and queer women in *A Hunger So Wide and So Deep*, by Becky Thompson, she found voices that resonated with her own life experiences. She realized that a huge gap exists in the treatment services for underrepresented and underserved folks with eating disorders.

Her life's calling and social justice spirit came out of this experience. Marcella brings her life experiences and martial arts training in all aspects of her work.





Beth Hartman McGilley, PhD, FAED, CEDS

“Dr. Marcella Raimondo is a social justice advocate whose contributions to the field of eating disorders are essential and exemplary. As both a co-speaker and a member of her audience in multiple settings, I am repeatedly awed by her capacity to enliven the topics she addresses with a humanity and conviction that leaves a lasting impact. ”

Lara Mendel | Co-Founder/Executive Director, The Mosaic Project

“Marcella has the unique ability to blend a clear, detailed, academic approach with warmth, compassion, and humor. Her workshops and presentations are dynamic...”

Serian Strauss – Life Coach

"She is not only a wealth of information, she uses metaphors and stories that help participants connect with the material...I have been struck by both her directness and compassion, which she balances well—a gift not many possess!"

Continue the Conversation



Oakland, CA



marcella@marcellaedtraining.
com



510-214-2865

